

# The Science Behind Sustainable Communities Strategies

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*ARB Research Seminar  
October 7, 2014*

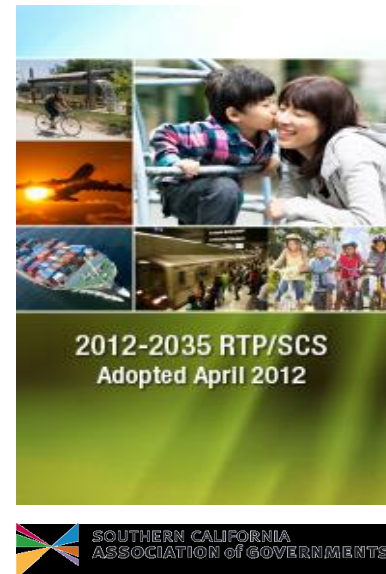
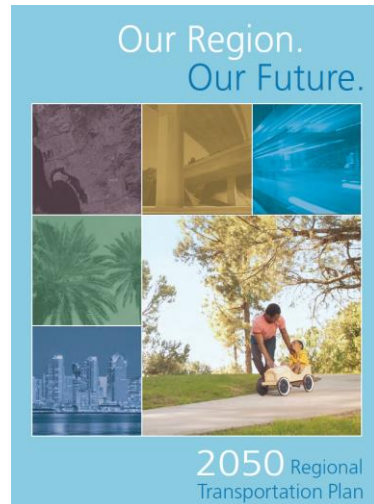
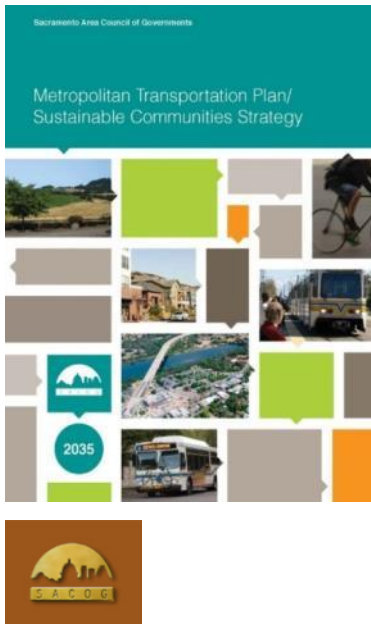
# SB375

## Sustainable Communities and Climate Protection Act of 2008

Targets for reducing per capita GHG emissions  
from cars and light trucks for metropolitan areas

Examples	2020	2035
Sacramento	-7%	-16%
Bay Area	-7%	-15%
LA region	-8%	-13%
San Diego	-7%	-13%

# Sustainable Communities Strategies



# How do we know what will work?

*How do we know what combination of strategies will achieve the targets?*

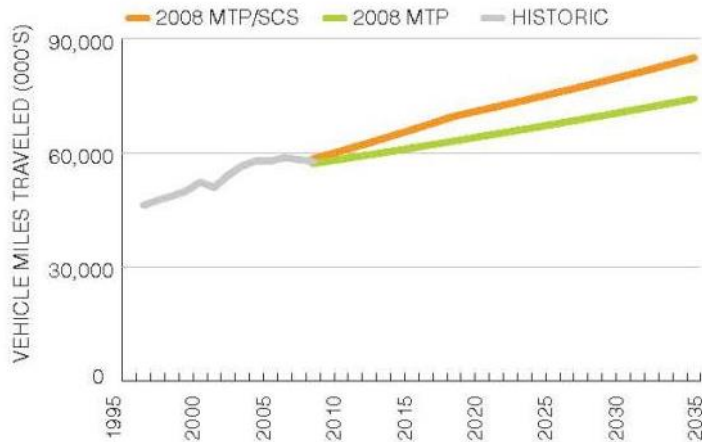


# Regional Travel Demand Forecasting Models

Example: SACOG's MTP/SCS 2035

Figure 5B.1

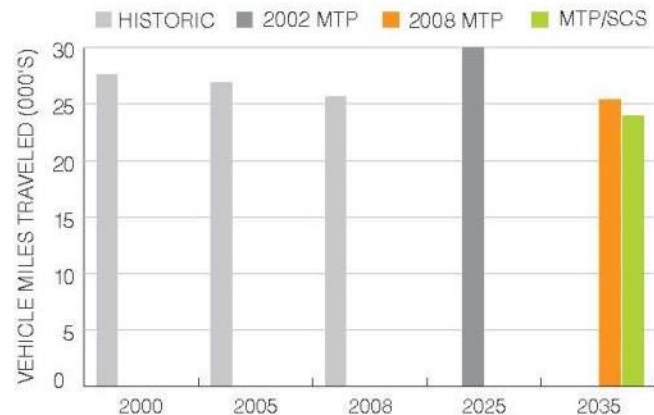
**Total Vehicle Miles Traveled in the SACOG Region, Historic Trends and Projected MTP/SCS**



Historic based on CPRD reports. MTP/SCS based on SACOG forecasts.  
2008 MTP from SACOG, *A Creative New Vision for Transportation in the Sacramento Region*, April 2008.

Figure 5B.2

**Weekday Vehicle Miles Traveled per Capita in the SACOG Region, Historic Trends and Projected MTP/SCS**



Historic based on CPRD reports. MTP/SCS based on SACOG forecasts.  
2008 MTP from SACOG, *A Creative New Vision for Transportation in the Sacramento Region*, April 2008. 2002 MTP from SACOG, *A Bold First Step for Mobility in the Sacramento Region*, 2002, with adjustments to allow for comparison to more current VMT estimates.

*Results dependent on assumptions*  
*Not all strategies can be analyzed*

# Impact of Transportation and Land-Use Related Policies on Passenger Vehicle Use and GHG Emissions

2010: 15 strategies

2012-14: updates plus 8 more strategies

Susan Handy, UC Davis, and Marlon Boarnet, USC  
with Gil Tal, Kristin Lovejoy, Caroline Rodier, Giovanni Circella,  
and Steven Spears, Hsin-Ping Shu, David Weinreich



# Strategies Reviewed -1

**Land Use** Residential Density  
Employment Density  
Land Use Mix  
Street Connectivity  
Regional Access to Employment  
Jobs-Housing Balance

**Infrastructure  
and Services** Distance to Transit  
Transit Service  
Car sharing  
Pedestrian infrastructure  
Bike infrastructure  
Roundabouts  
Highway Capacity



# Strategies Reviewed - 2

**Operations** Eco-Driving  
Transportation Systems  
Management  
Traffic Incident Clearance  
Programs  
Fleet Turnover Incentives

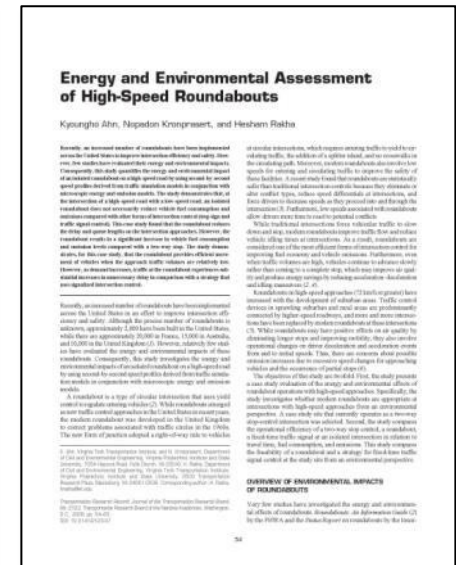
**Demand Management** Telecommuting  
Employer-Based Trip Reduction  
Voluntary Travel Behavior Change  
Programs

**Pricing** Gas Pricing  
Parking Pricing  
Road Pricing





# Evidence from the peer-reviewed literature



Some research reports included  
Reliance on review papers when available

# Criteria for Study Inclusion

Somewhat different by strategy but in general:

- Based on empirical data, not forecasting models; traffic simulation models used for some strategies
- Data from California; U.S. or international studies included if needed
- Controls for factors other than strategy that might affect outcomes, e.g. income, gas price
- Reports an effect size or enough information to calculate an effect size

*Effect size = change in VMT per unit of strategy*

# Effect Sizes - 1

Strategy	Strategy Unit	% VMT Change
<b><i>Land Use</i></b>		
Residential Density	1% increase	-0.05 to -0.19%
Employment Density	1% increase	-0.03 to +0.07%
Land Use Mix	1% increase	-0.02 to -0.10%
Street Connectivity	1% increase	0.0 to -0.12%
Regional Accessibility	1% increase	-0.13 to -0.25%
Jobs-Housing Balance	1% improvement	-0.29 to -0.35%
<b><i>Infrastructure and Services</i></b>		
Distance to Transit	1 mile closer	-1.3 to -5.8%
Transit Service	1% improvement	n/a
Car Sharing	for participants	-27 to -33%
Pedestrian Infrastructure	1% increase	0.0 to -0.19%
Bicycle Infrastructure	1% increase	n/a
Roundabouts	vs. stop sign or signal	-59 to +25%*
<b><i>Highway Capacity/Induced Travel</i></b>	<b><i>1% increase</i></b>	<b><i>+0.3 to +1.0%</i></b>

\* Impact on fuel consumption and/or GHG emissions

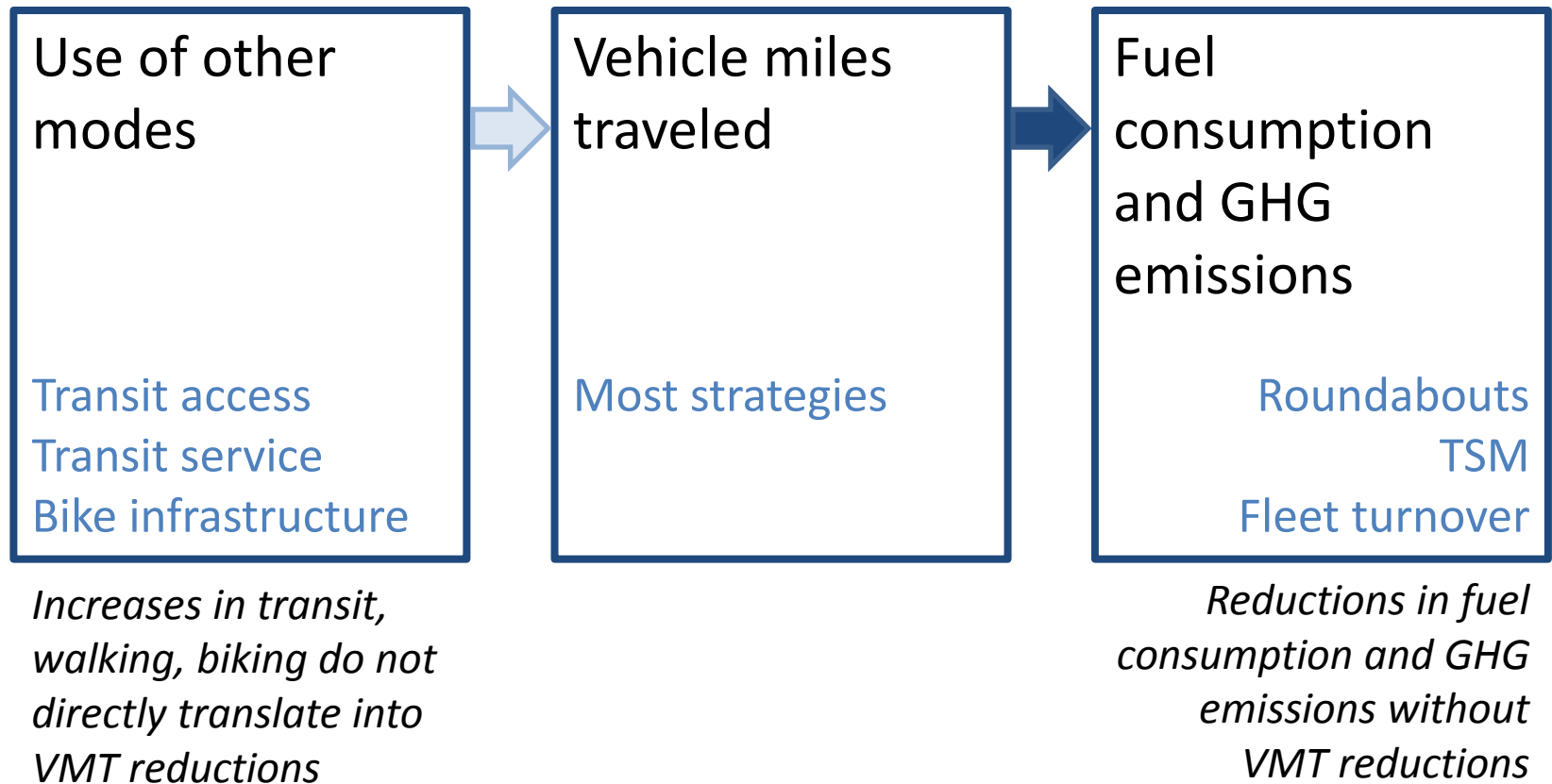
# Effect Sizes - 2

Strategy	Strategy Unit	% VMT Change
<b><i>Operations</i></b>		
Eco-Driving	Program participants	-1 to -6%
Transportation Systems Mgmt	Where implemented	-0.1 to -8%*
Traffic Incident Clearance Programs	Where implemented	n/a
Fleet Turnover Incentives	\$101 to \$640 per ton of CO2 reduced	
<b><i>Demand Management</i></b>		
Telecommuting	Program participants	-48 to -90%
Employer-Based Trip Reduction	firms > 100 employees	-1.1 to -6.0%
Voluntary Travel Behavior Change	Program participants	-5 to -12%
<b><i>Pricing</i></b>		
Gas Price	1% increase	-0.03 to -0.30%
Parking Pricing	\$3.00/day at work	-1.9 to -2.6%
Road User Pricing	1% increase	n/a

\* Impact on fuel consumption and/or GHG emissions

# One thing to note

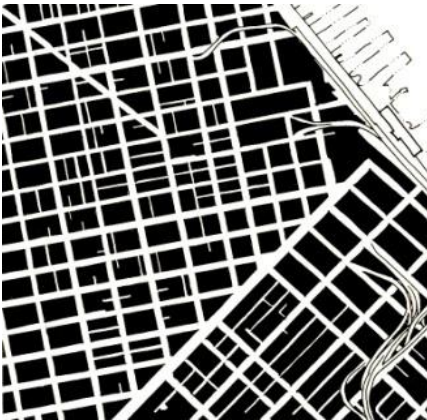
Different “outcomes” reported for different strategies







What do these numbers mean?



What do they say about what would happen if we could implement these strategies?



*Proceed with caution...*



# What if...? Part 1

Land Use Strategy	% Change by 2035	% Change in VMT
Population density	1.5% increase	-0.18%
Employment density	1.5% increase	-0.08%
Land use mix	1.5% increase	-0.06%
Network Connectivity	1.5% increase	-0.09%
Regional accessibility	1.5% increase	-0.28%
Jobs/housing balance	1.5% improvement	-0.48%
<b><i>Total Land Use Effect</i></b>		<b><i>-1.17%</i></b>

*Caution! This is a completely hypothetical exercise*

# What if...? Part 2

Infrastructure Strategy	% Change by 2035	% Change in VMT
Distance to Transit	2% in region a mile closer	-0.04%
Transit Service*	30% service up or fare down	-1.65%
Car Sharing	5% in region participate	-1.50%
Pedestrian Infrastructure	5% increase	-0.48%
Bicycle Infrastructure*	5% increase	-0.02%
Roundabouts**	5% of intersections	-0.06%
Highway Decrease***	1% decrease	-0.65%
<b>Total Infrastructure Effect</b>		<b>-4.40%</b>

\*Assuming all increase in transit or bicycling replaces driving

\*\*Fuel/GHG effect; assumes intersections account for 10% of total fuel consumption or GHG emissions

\*\*\*Assuming capacity decrease has opposite effect of capacity increase

*Caution! This is a completely hypothetical exercise*

# What if...? Part 3

Operations Strategy	% Change by 2035	% Change in VMT
Eco-Driving	5% participate	-0.18%
TSM	10% of roadways	-0.41%
<b><i>Total Operations Effect</i></b>		<b><i>-0.58%</i></b>

Demand Mgmt Strategy	% Change by 2035	% Change in VMT
Telecommuting*	5% participate	-1.04%
EBTR*	25% of workers	-0.27%
Behavior Change	5% participate	-0.43%
<b><i>Total Demand Mgmt Effect</i></b>		<b><i>-1.73%</i></b>

Pricing Strategy	% Change by 2035	% Change in VMT
Gas Price	10% increase	-1.65%
Parking Pricing*	10% pay \$3.00 per day	-0.07%
Road User Pricing	= 10% gas price hike	-1.65%
<b><i>Total Pricing Effect</i></b>		<b><i>-3.37%</i></b>

\*Assuming work VMT is 30% of all VMT in region

*Caution! This is a completely hypothetical exercise*

# What if...? Summary

Category	Total Effects
Land Use	-1.2%
Infrastructure and Services	-4.4%
Operations	-0.6%
Demand Management	-1.7%
Pricing	-3.4%
<b>Total Effects</b>	<b>-11.2%</b>

*Caution! This is a completely hypothetical exercise*

*Doesn't context matter?*

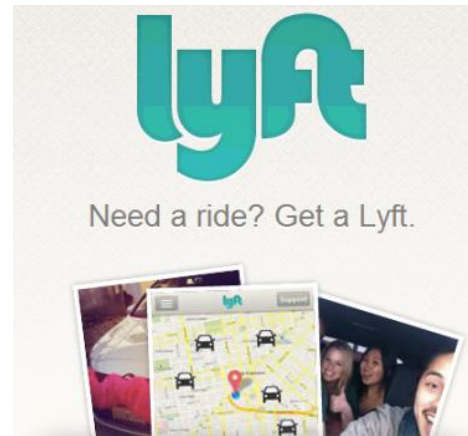
*Are the effects simply additive?*

*How realistic are these changes?*

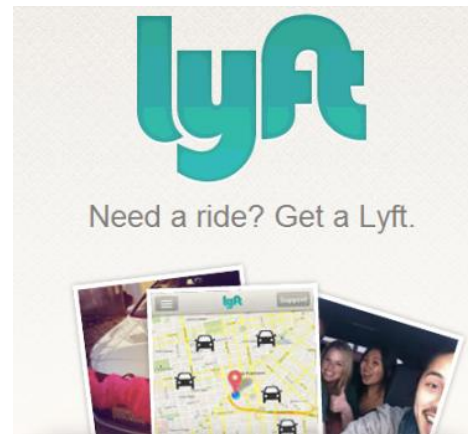
*How certain are the estimated effect sizes?*



# Of course context matters



One  
outcome



Another  
outcome

# Are the effects additive?



If strategies overlap, adding will overestimate effects



If strategies complement, adding will underestimate effects

# How realistic are these changes?



*We also need research  
on the effects of  
policies on built  
environment  
characteristics*

*We have lots of  
evidence on how the  
built environment  
affects travel behavior*

# How realistic are these changes?



*We also need research on the effects of policies on program participation*

*We have at least some evidence on how the program participation affects travel behavior*

# How good is the evidence?

Strong	Moderate	Limited	Weak
Residential Density	Street Connectivity	Employment Density	Bicycle Infrastructure
Land Use Mix	Jobs-Housing Balance	Car Sharing	Roundabouts
Regional Accessibility	Distance to Transit	Ped Infrastructure	Road User Pricing
Highway Capacity	TSM	Parking Pricing	
Eco-Driving	EBTR Programs		
Telecommuting	Behavior Change		
Gas Price			

*Two major problems:*

*Cross-sectional studies versus experiments*

*Pilot studies versus large-scale experiments*



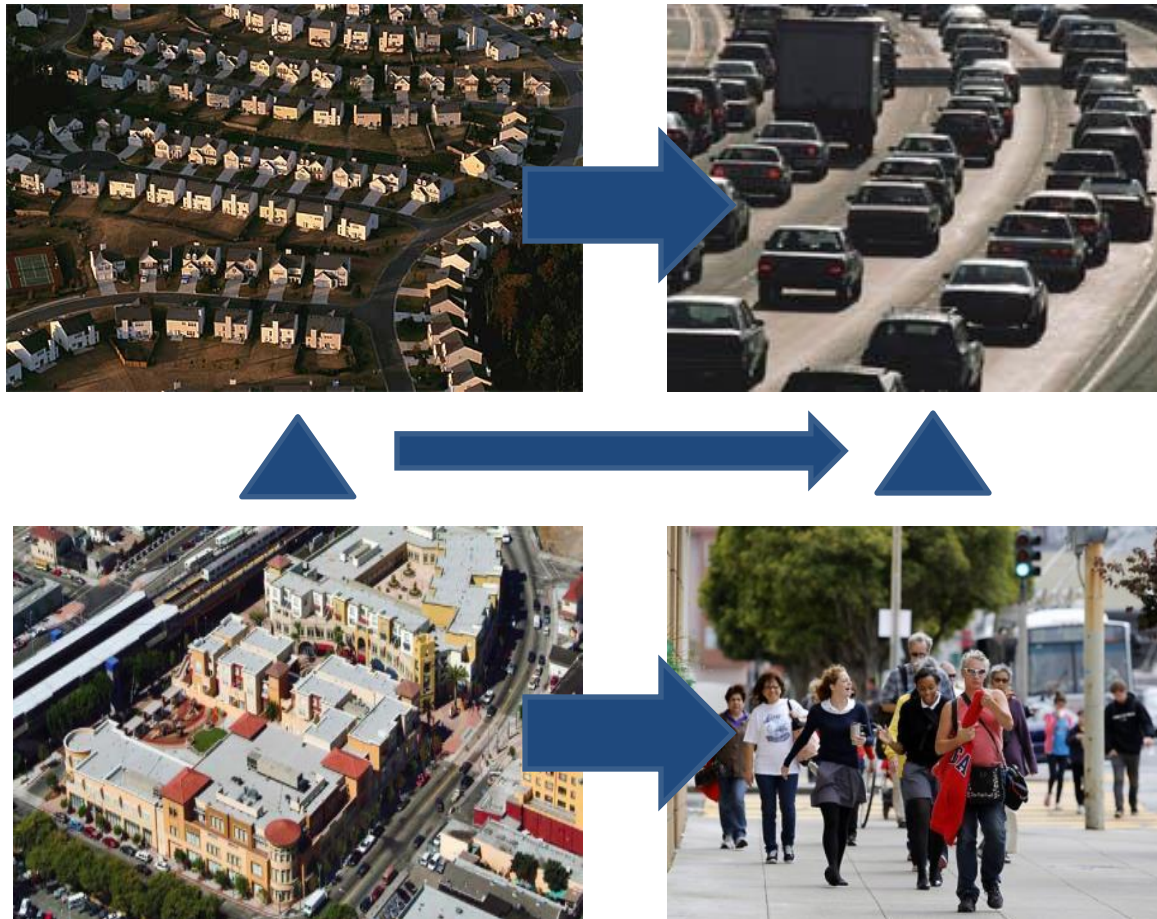
# Cross-Sectional Studies

differences in land use associated with  
differences in travel



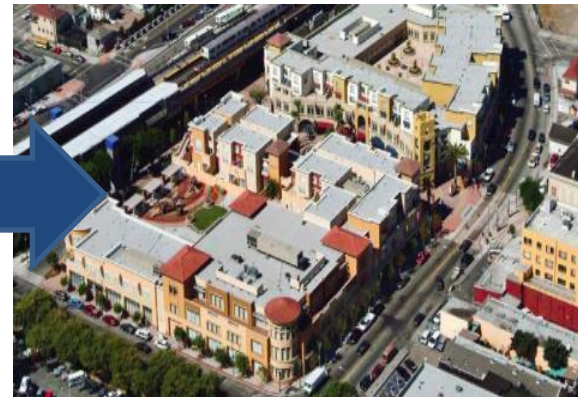
# Causal Effect =

Changes in land use lead to  
changes in travel

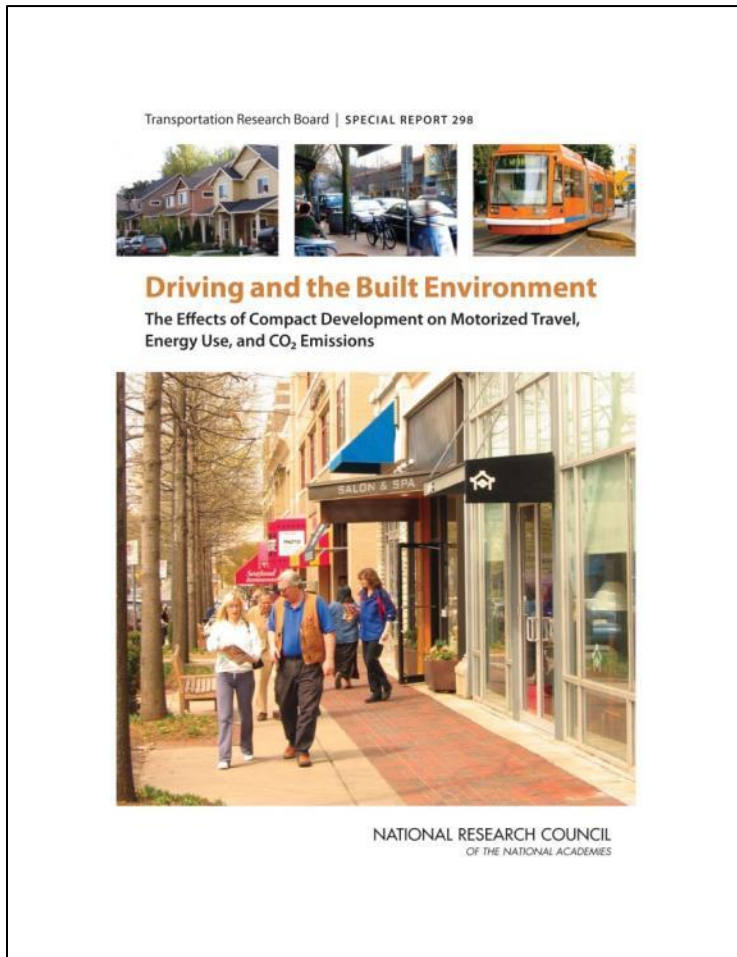




Self-Selection Effect =  
Preferences for travel influence  
type of neighborhood chosen



# TRB Special Report 298



“careful **before-and-after** studies of policy interventions to promote more compact, mixed-used development to help determine what works and what does not”

*“Natural experiments”*

*“Intervention studies”*

*“Policy evaluation”*

# Natural experiments for programs



**Telecommuting  
programs**



**Car sharing  
programs**



**Employer-based  
trip reduction  
programs**



# Natural Experiments for Infrastructure

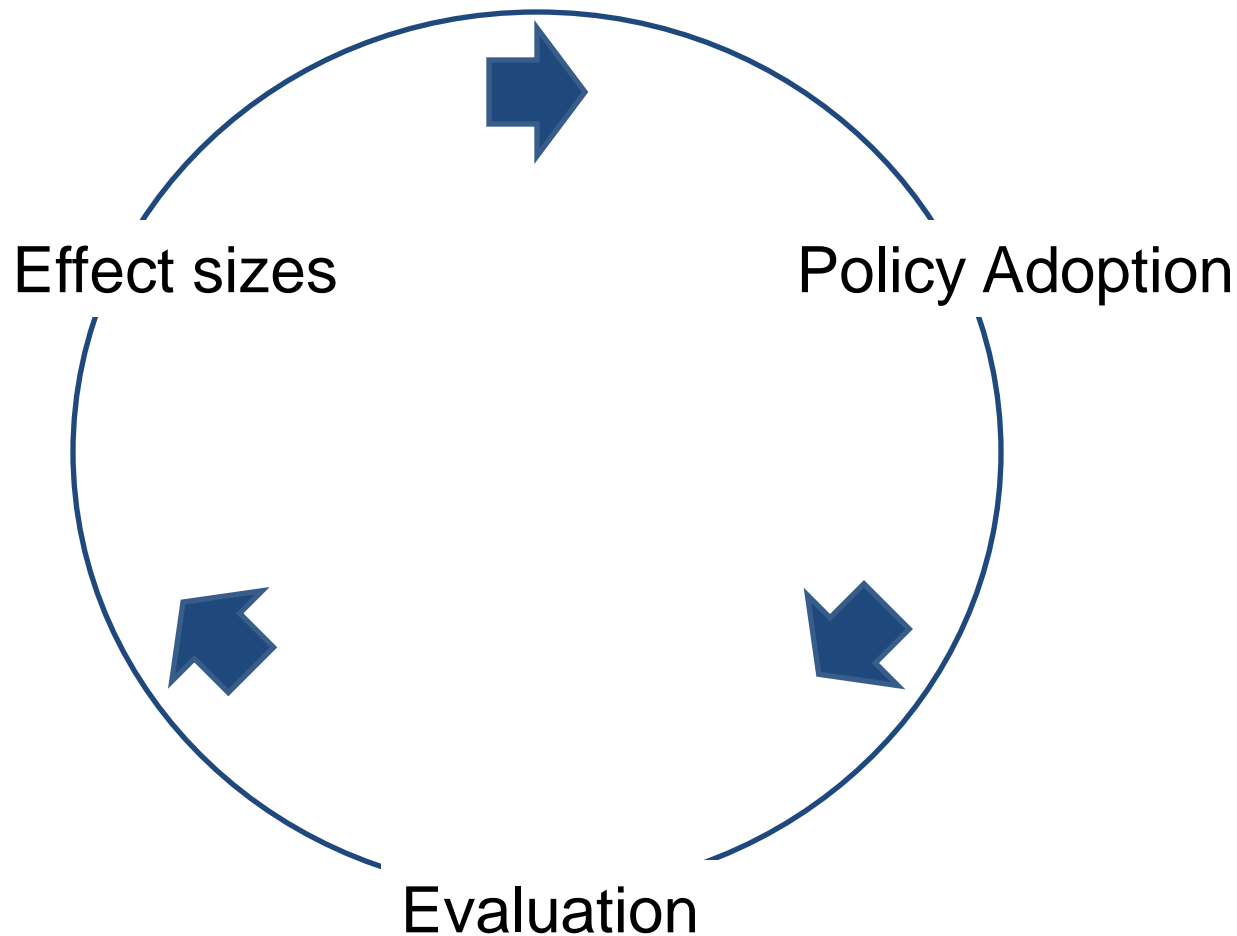


**Green Lane Project**  
Portland State  
University  
*5 cities*



**Expo Line Opening**  
UC Irvine, USC  
*1 line*

# Building the Evidence Base



# What we do know: We need a multifaceted approach to VMT reduction



# Step 1: Make it possible to drive less



Land-Use Mix



Connectivity



Transit, bike, ped



# Step 2: Help people see how to drive less



Information



Education

# Step 3: Make people want to drive less



# The Stick: Make it harder to drive



Pricing



Capacity reductions



# The Carrot: Make it cool to drive less



Hip design



Social marketing

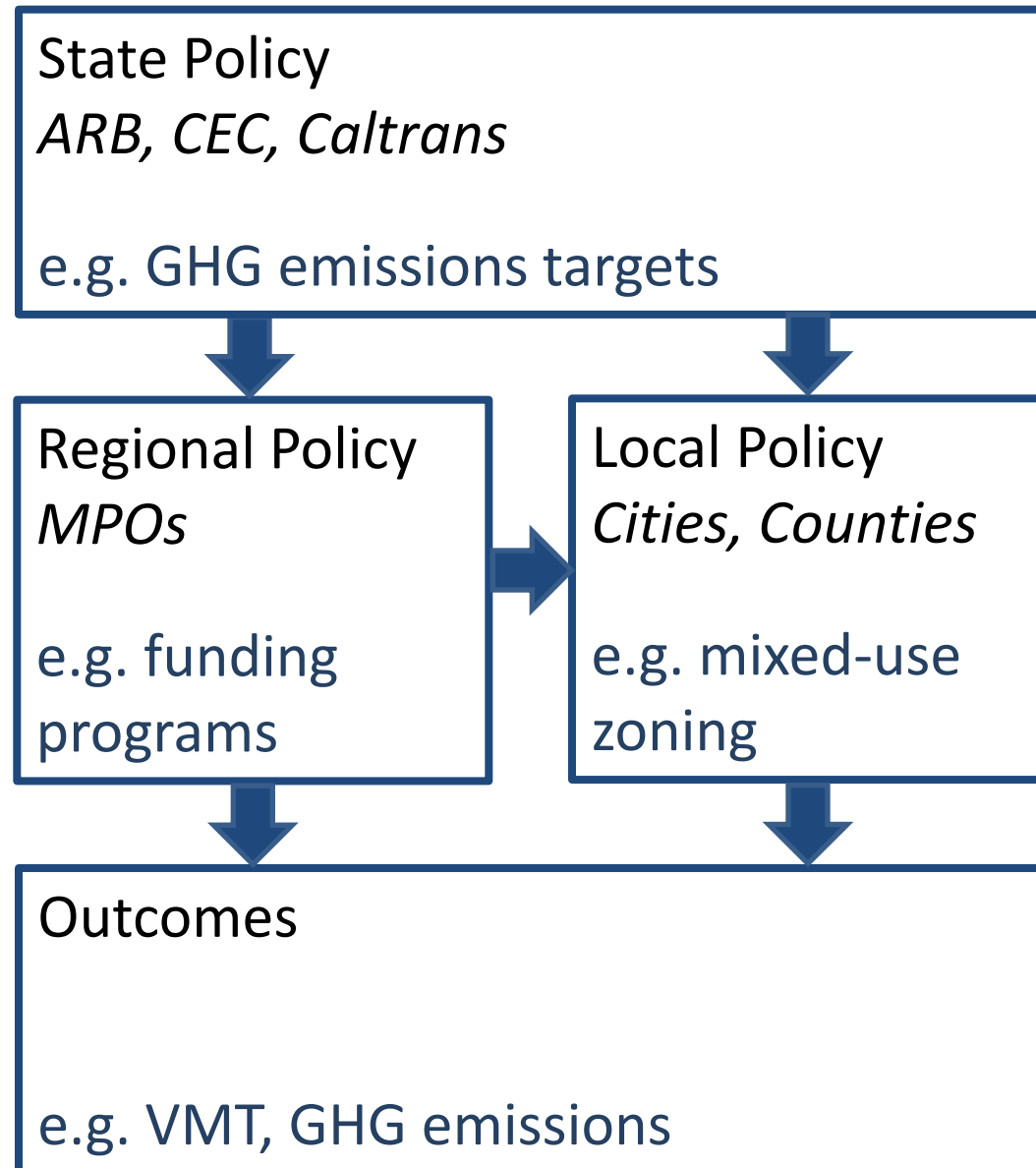
At the same time: Reduce the impact when people do drive



What we also know:  
This will take action at  
all levels of government

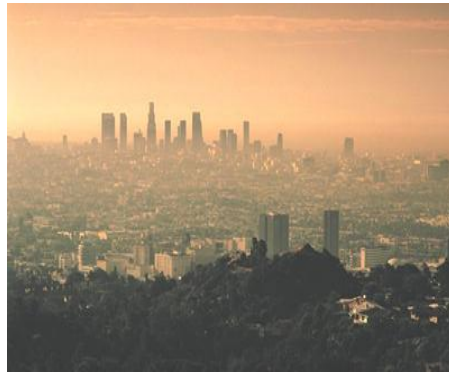



Action at  
all levels of  
government





# Countless Co-Benefits...





# The National Center for Sustainable Transportation is advancing an environmentally sustainable transportation system through:

- **RESEARCH** – *Producing “state of knowledge” white papers and interdisciplinary research projects*
- **EDUCATION** – *Developing model curriculum for graduate programs and advanced training programs*
- **ENGAGEMENT** – *Informing the policy-making process at the local, state, and federal level*

# RESEARCH FOCUS

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Research will explore various modes, settings, scales, and sectors for people, services, and goods on the following themes:

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Low-carbon  
Infrastructure And  
Efficient System  
Operation



Low-impact Travel  
And Sustainable  
Land Use



Zero-emission  
Vehicle And Fuel  
Technologies



Institutional Change



# For more information

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